

Bryan Young
Catering Plus
Providing Logistical & Culinary Solutions

BREAKFAST & LUNCH
Menus



www.Cateringplusstlouis.com

314.781.0243



Catering Plus **DELIVERY SELF SERVE**

Catering Plus delivery and self serve menus for breakfast and lunch.
There is a minimum guest count of 20 guest.

All prices are subject to sales tax, support fee, and delivery charges.

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Orders placed after 12:00 noon the day before are subject to 18 % support fee if we are able to fill the order. Orders under 20 guests or under \$200.00 are subject to a 18 % support fee.

All deliveries should be paid in advance unless arrangements are made with Catering Plus in advance. We accept cash, checks, and major credit cards. Our drivers carry no change so cash payments should be exact change.

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Orders should be placed as far in advance as possible.

Staff is available for full service for \$20.00 – \$30.00 per hour,
with a four hour minimum.

CANCELLATION POLICY: You will be responsible for all cancellations that occur after 10:00 am on the day before your delivery.

Custom menus available

Catering Plus

314-781-0243

www.cateringplusstlouis.com

Email:

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We Accept Mastercard – Discover – American Express – VISA – Company Checks Cash

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UPDATED FEB.2010

Catering Plus



Breakfast

Continental Breakfast

Apples and oranges
Muffins
Bagels with cream cheese, and jelly
Orange juice
Coffee

\$7.50

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Light Continental Breakfast

Bagels and cream cheese
Fresh fruit
Yogurt
Orange juice
Granola
Coffee

\$8.00

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Sweet Tooth Breakfast

Cinnamon rolls
Sweet breads
Orange juice
Cream cheese
Jelly
Coffee

\$7.50

Hot Breakfast

1

Vegetable quiche or Ham and gruyere quiche
Fresh fruit salad
Sweet breads
Orange juice
Coffee
\$9.50

2

Egg casserole with spinach and cheddar cheese
Bacon
Fresh fruit salad
Muffins
Orange juice
Coffee
\$12.00

3

French Toast
Bacon
Orange juice
Coffee
\$10.00

4

Smoked salmon
With bagels, cream cheese, onions, tomatoes, and capers.
Sweet breads
Orange juice
Coffee
\$13.50

Hot breakfast comes with disposable chafers, plastic plates,
plastic flatware, plastic cups, and paper napkins.

Catering Plus Box Lunches

Each box comes with a sandwich, two sides, and one dessert. Please order one sandwich type for every 10 guests for example if you have 30 guests you can order three types of sandwiches. Please choose one type of dessert, and the same sides for each box. Each box comes with a napkin, plastic flatware, and condiments.

Catering Plus house smoked turkey
Tomato, lettuce, on croissant

Catering Plus house smoked turkey club
Bacon, lettuce, tomato, with Durkees served on Kasier bun

Jamaican jerk chicken breast
Grilled and served with lettuce, and tomato on a bun

Asian Flank steak
Asian marinated and grilled served with carrots, green onions, and lettuce on
French bread

Portabella mushroom, roasted red peppers, and goat cheese
Served with lettuce, tomato, and basil on whole wheat Kasier

Accompaniments – *select two*

Roasted vegetable penne pasta with spicy tomato sauce

Thai cole slaw

Seasonal fresh fruit salad

Potato salad

Dessert – *Select one*

Brownie

Chocolate chip cookies

Oatmeal cookies

Italian cookies

Lemon bars

Price per person \$10.75

Catering Plus

Catering Plus Sandwich Buffet

1

Catering Plus house smoked turkey
Baked ham on swiss
Roast beef
Fresh fruit salad
Mixed green salad with vinaigrette dressing
Chocolate chip cookies

\$10.50

2

Chicken club with bacon, swiss cheese, lettuce and tomato
Asian beef with carrots, and green onions
Caesar salad
Roasted vegetable penne pasta with a spicy tomato sauce
Brownies

\$11.25

3

Portabella mushroom with roasted red pepper, and goat cheese
Jamaican jerk chicken
Tuna salad
Grilled market vegetables
Fresh fruit salad
Lemon bars

\$11.50

Catering Plus Sandwich Buffet continued...

4

Deli Buffet Lunch

Assorted meat and cheese tray
Baked ham, smoked turkey, roast beef, and salami
Pepper cheese, cheddar, and swiss
Sliced tomatoes, lettuce, and pickles
Whole wheat, kaiser, and dollar rolls
Condiments
Chips – whole fruit
Chocolate chip cookies

\$12.25

5

Salad Buffet

Mixed greens
Caesar salad
Ham, grilled chicken, assorted vegetables, swiss cheese, cheddar cheese, olives,
Hard boiled eggs, carrots, red onions, croutons, and tomatoes
Two dressings
Fresh fruit salad
Bread and butter
Assorted mini desserts

\$13.50

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Sandwich and salad buffets come with plastic plates, plastic flatware,
paper napkins, and condiments. Custom menus available.

Hot Lunch Buffet

1

Lemon chicken pasta
With preserved lemons, garlic, assorted peppers, and penne pasta
Grilled market vegetables
Mixed greens with artichoke hearts with vinaigrette dressing
Bread and butter
Brownies

\$15.00

2

Jamaican jerk chicken – boneless breast
Wild rice blend
Roasted market vegetables
Bread and butter
Assorted miniature desserts

\$15.25

3

Meat Lasagna
Italian salad with marinated vegetables with mixed greens
Vinaigrette dressing with Italian seasoning
Garlic bread
Assorted Italian cookies

\$15.75

Hot Lunch Buffet continued...

4

Vegetable lasagna
Green salad with tomatoes, and red onions
with red wine vinegar and oil dressing
Fresh fruit salad
Garlic bread
Assorted mini desserts

\$15.75

5

Catering Plus house smoked turkey breast
Green beans
Mashed potatoes
Gravy
Andouille corn bread dressing
Cranberry sauce
Rolls and butter
Apple pie

\$17.50

6

Barbecue Lunch
Barbecue chicken, legs, thighs, and breast bone in
With smoked sweet style sauce
Potato salad
Vinegar cole slaw
Texas toast
Chocolate chip cookies

\$14.25

Hot Lunch Buffet continued...

7

All beef hot dogs and brats
Vinegar cole slaw
Baked beans
Buns and condiments
Oatmeal cookies

\$9.50

8

Pork steak 8 oz.
Sauce on the side
Texas style baked beans
Mustard potato salad
Fresh fruit salad
Bread and butter
Pecan bars

\$13.50

9

Carolina pulled pork or BBQ beef
Garden salad
Mustard potato salad
Buns, pickles, condiments
Chocolate brownies

\$13.75

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Hot lunch buffet come with plastic plates, plastic flatware,
disposable chafers, and paper napkins.

Soft drinks cans \$1.50 Bottled water \$1.50 Ice Tea or Lemonade \$6.50 Gallon

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UPDATED FEB.2010

Party Trays

Imported and Domestic cheese trays

With grapes, and strawberries

Served with crackers

\$85.00 serves 25 guest ~ \$140.00 serves 50 guest

Vegetable Crudités

Crisp fresh vegetables

Served with roasted red pepper hummus or blue cheese dip

\$70.00 serves 25 guest

Tenderloin of Beef

Choice of sauce – befeater, ancho glaze,
veal reduction sauce, or wild mushroom sauce

\$210.00 serves 20 guest for appetizers

Catering Plus apple wood smoked fresh salmon – one side filet

Served with cucumber dill sauce

\$115.00 serves 15 guest

Smoked Cured Salmon

Served with capers, red onion, lemon, and bagels or toast points

\$135.00 serves 25 guest

Catering Plus house smoked whole turkey breast – sliced on request

Served with condiments and dollar rolls

\$125.00 serves 40 guest

Shrimp cocktail with traditional cocktail sauce

Southwestern spiced shrimp

Ginger Lemon shrimp

\$33.00 per pound 16-20 count

Baby Back Ribs

\$ 20.00 per slab house sauce on the side - minimum order 6 slabs